

od we abstain from meat, dairy products, fish, oil (olive) and wine. On the Feast of the Transfiguration (August 6) fish, wine and oil are permitted. Saturdays and Sundays only wine and oil are permitted.

Protection of the Holy Virgin Orthodox Monastery

Mother Cassiana runs the Monastery in Lake George on her own. She would love some help with various chores, etc. If you are interested, please contact her directly at (719) 748-3999. Please contact Olga Sonnenburg if you have any questions.

Semi Annual Meeting and \$5,000 Challenge Match

This past June 5, we gathered following services for this meeting. It was voted to allocate \$30,000 for new floor treatments in the main church and altar and new windows throughout the building. The Parish Council is in the process of securing bids. We received a \$5,000 Challenge Match toward the new floor treatments. Donations are welcome for both items.

Greek Festival 24

Our Annual Greek Festival will be held on the weekend of August 19, 20, and 21. Signup sheets are in the hall. OPA! We need baskets/containers for this event. Please see Elaine Cunningham for specifics.

Saints of the Day

The Venerable Martyr Dometius: *Dometius was born in Persia as a pagan during the reign of Emperor Constantine. He became acquainted with the Christian Faith as a young man, abandoned paganism, and was baptized. So much did Dometius love the True Faith that he left every worldly thing and was tonsured a monk in a monastery near the town of Nisibis. He lived for some time among the brethren, and then withdrew to a life of silence with the elder, Archmandrite Urbel (who is said to have not eaten only cooked food for sixty years). Elder Urbel ordained Dometius a deacon, and when he wanted to compel him to receive the rank of a priest, Dometius withdrew to an isolated mountain and settled in a cave. He attained such a high degree of perfection through fasting, prayer, all night vigils and godly-thoughts that he miraculously cured the sick. When Julian the Apostate came to those regions, he heard of Dometius and sent men to seal him up alive in a cave, with two of his disciples. Thus, this saint of God died and took up his habitation in the Kingdom of God in the year 363 A.D.*

Archangel Michael Greek Orthodox Church Bulletin

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August 7, 2022

Sunday Holy Scripture Reading

Apostolic Reading: 1 Corinthians 1:10-17

Gospel: St. Matthew 14:14-22

Services: *Sunday*-8 a.m. Orthros and 9 a.m. Divine Liturgy, *Weekdays* 8 a.m. Orthros and 9 a.m. Divine Liturgy when scheduled.

Saints of the Day: 8th Sunday After Pentecost. Martyrs Dometios of Persia and Sozon of Nicomedia; Hieromartyr Narcissos, patriarch of Jerusalem; Venerable Theodosios the New of the Peloponnesos, Nikanor the wonder-worker of Mt. Kalistratos, and David; Venerable Dometios of Philotheou monastery on Athos; uncovering of the relics of Metrophanes, first bishop of Voronezh.

Hymns of the Day

First Antiphon with Festal verses: By the prayers

Second Antiphon with verses

Σῶσον ἡμᾶς Ὑιέ Θεου, ὁ ἐν τῷ ὄρει τῷ Θαβώρ μεταμορφωθείς, ψάλλοντάς Σοι Ἀλληλούϊα.

Save us, O Son of God, who was transfigured on Mount Tabor, we sing to You. Alleluia

Third Antiphon with verses

You were transfigured. . .

After the Entrance

Apolytikion of the Resurrection Tone 7

O Lord by Your sacred Cross You abolished death, and granted unto the thief blessed paradise. The myrrh bearers ceased lamenting and turned to joy. The Apostles did preach the Good News at Your command, that You had risen from the dead O Christ our God, bestowing Your mercy upon the world evermore. *Page 88 in the green book.*

Apolytikion for the Transfiguration Tone 7

You were transfigured upon the mountain, O Christ our God, showing to Your disciples Your glory as much as they could bear. Do also in us, sinners though we may be, shine Your everlasting light, by the intercessions of the

Theotokos, O Giver of light. Glory to You.

Apolytikion of the Archangels Tone 4

Supreme Commanders of the Hosts of the Heavens, we, the unworthy, implore and beseech You that by Your supplications You encircle us in the shelter of the wings of Your immaterial glory, guarding us who now fall down and cry to You with fervor: Deliver us from dangers of all kinds, as the great marshals of the heavenly hosts on high.

Kontakion for the Transfiguration Tone 4

Upon the mountain were You transfigured, and Your disciples beheld Your glory as far as they were able, O Christ our God; so that when they would see You crucified they might understand that Your Passion was deliberate, and declare to the world that in truth You are the Father's radiance.

Divine Services

Mon. – Fri. Aug. 1-12: Paraklesis to the Theotokos 6pm

Sat. Aug. 13: Great Vespers 5pm

Holy Communion in the Orthodox Church

Holy Communion of the Orthodox Church is the Holy Body and Blood of our Lord Jesus Christ. It is *"With the fear of God, faith and love"* that we approach the Divine Mysteries. Therefore, Holy Communion is reserved only for those baptized and chrismated Orthodox Christians who have prepared themselves by prayer and fasting, as prescribed by the teachings of the Holy Orthodox Church. We ask that women, before approaching to receive from the Holy Cup, in respect of our Lord, to please remove lipstick.

Memorial Service

This morning we remember in our prayers the departed servant of God +Matushka Maria (Renata) Martynenko on the 13th year anniversary of her repose. She is the mother of Olga Sonnenburg. *Everlasting be her memory!*

Coffee Hour Signup

Please consider sponsoring a coffee hour. Donations are welcome!

Aug. 7: Greenwood family

Aug. 14: Greenberg family

Aug. 21: Festival

Aug. 28: Sponsor Needed

Capital Campaign

Amazon Smile: You may support Archangel Michael GOC through Amazon Smile. Please make sure you sign in at: <https://smile.amazon.com/>
King Soopers Cards has established a new program by using their Loyalty Program. Please see Demetria Greenwood and she will link your King Soopers card with the new giving program. You will no longer need a separate King Soopers gift card.

Bookstore and Library

After a successful, book signing event on July 10th, I'm pleased to inform you that we are proudly showcasing Dorothy's books for the next few weeks. If you were not able to attend the book signing, this is your opportunity to purchase her enjoyable and easy to read books (especially during these hot summer days!). On a side note, there are many wonderful books and other Orthodox items to select from at the bookstore for your spiritual life and nourishment. If you are interested in books or items that are not currently available at the bookstore, please see me (Olga Sonnenburg) and I will be happy to place an order for you.

Church School Teachers Needed

We are in need of a few faithful to teach Church School following Holy Communion on Sunday's beginning next September. Please see Fr. Dennis.

Stewardship 2022

Please pick up your 2022 stewardship packet from Ruxandra Georgescu.

Greek Dance Group

Our children will begin practicing Greek dancing on Wednesday, June 22, at 6:30pm. For more information please contact Constadina Vasiliades at: 808-373-0312 or constadina@shaw.ca for more information.

Holy and Sacred Synod Accepts Request for Auxiliary Bishop for Metropolis of Denver, Unanimously Elects Archimandrite Constantine Moralis

The Greek Orthodox Archdiocese of America announces that His Eminence Archbishop Elpidophoros of America just received a communication from His All-Holiness Ecumenical Patriarch Bartholomew, who informed him of the acceptance of the request for the election of an auxiliary Bishop for the Metropolis of Denver and the unanimous election of Archimandrite Constantine Moralis as the Bishop of Sassima.

His Eminence Archbishop Elpidophoros and the members of the Holy Eparchial Synod express their gratitude to the Ecumenical Patriarch personally as well as to the members of the Holy and Sacred Synod of the Mother Church for the benevolent acceptance of the request and they rejoice and congratulate the newly-elected, His Grace Bishop-Elect of Sassima, the promotion of whom will enrich the hierarchy of the Ecumenical Throne in America. The date and place of His Grace's ordination to the Holy Episcopacy October 15, 2022, at the Manhattan, NY Cathedral.

The Dormition Fast

The Dormition (Falling Asleep) of the Theotokos is celebrated on August 15. A two-week fast beginning on August 1 precedes this feast. During this peri-