

from around the country. Instruction will be offered at three different levels - beginner, intermediate, and advanced - and will include online supplementary materials (including audio and video recordings) that students will be able to take home and continue to practice from after the workshop is over. The cost for the workshop is \$275, which includes tuition, costs of printing and other supplies, and meals on Friday, Saturday, and Sunday. Registration deadline is October 15<sup>th</sup>. If you have any questions, please contact Gabriel Cremeens at (505) 588-0014 or [musicministrystgeorgeabq@gmail.com](mailto:musicministrystgeorgeabq@gmail.com). Co-Founder and Instructor, [Trisagion School of Byzantine Music](http://Trisagion School of Byzantine Music) Cell: (505) 588-0014 Personal website: [www.englishmenaion.com](http://www.englishmenaion.com)

## Saints of the Day

**The Venerable Pelagia:** *Pelagia was a repentant sinner. She was born to pagan parents in Antioch, and was endowed by God with great physical beauty. Pelagia used her beauty to the destruction of her own soul and those of others. She became very wealthy as a result of her prostitution. Once, while walking past the Church of the Holy Martyr Julian, in which Bishop Nonnus was preaching, she stopped in and heard a sermon on the Dread Judgment and the punishment of sinners. Those words so shook her and changed her that she immediately felt revulsion for herself, acquired true fear of God, repented of all her sins and fell down before St. Nonnus with the plea that he baptize her: "Have mercy on me, a sinner, holy Father. Baptize me and teach me repentance—I am a sea of iniquity, an abyss of destruction, a net and weapon of the devil." Thus this penitent begged the hierarch of Christ with tears, and he baptized her. At her baptism, Blessed Romana, the deaconess of the church, was her godmother. Romana, as her spiritual mother, grounded her well in the Christian Faith. But Pelagia was not satisfied with baptism alone. She was keenly aware of the multitude of her sins and, pricked by her conscience, decided on a great ascetic labor. She left her enormous, sinfully gained wealth to the poor, and secretly went to Jerusalem as the monk Pelagius. There, she shut herself up in a cell on the Mount of Olives, and began the difficult ascesis of fasting, prayer and all-night vigils. After three years, St. Nonnus's deacon, James, visited her and found her still alive, but when he visited her again several days later, he found that she had reposed, and he honorably buried her body. St. Pelagia entered into rest in about the year 461 A.D. Thus, this formerly terrible sinner pleased God by her repentance and labor, was forgiven of her sins, and became sanctified. And her purified and enlightened soul was deemed worthy of the Kingdom of God.*

## Archangel Michael Greek Orthodox Church Bulletin

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## October 8, 2023

### Sunday Holy Scripture Reading

**Apostolic Reading:** 2 Corinthians 9:6-11

**Gospel:** St. Luke 7:11-16

**Services:** *Sunday*-8 a.m. Orthros and 9 a.m. Divine Liturgy, *Weekdays* 8 a.m. Orthros and 9 a.m. Divine Liturgy when scheduled.

**Saints of the Day: 3rd Sunday of Luke.** Venerable Pelagia the penitent; Virgin-martyr Pelagia of Antioch; Martyr Taisia of Egypt; Hieromartyr Artemon; Venerable-martyr Ignatios of Prodromou Skete on Athos; Venerable Philotheos, patriarch of Constantinople; Martyr Ignatios of Bulgaria.

### Hymns of the Day

#### Apolytikion of the Resurrection Tone 1

The stone having been sealed by the Pharisees and chief priests, \* and Your all-immaculate body being guarded by soldiers, \* You rose on the third day, O Lord and Savior, granting life unto the world. \* Then the powers of the heavens cried out to You, O Giver of Life, and shouted, \* Glory to Your resurrection, O Christ! \* Glory to Your eternal rule! \* Glory to Your plan for saving us, only benevolent God!

#### Apolytikion for St. Pelagia Tone 8

In you, O Mother, is preserved undistorted what was made in the image of God; for taking up the cross, you followed Christ and by example taught, that we should overlook the flesh, since it passes away, and instead look after the soul, since it is immortal. And therefore, O devout Pelagia, your spirit rejoices with the angels.

#### Apolytikion of the Archangels Tone 4

Supreme Commanders of the Hosts of the Heavens, we, the unworthy, implore and beseech You that by Your supplications You encircle us in the shelter of the wings of Your immaterial glory, guarding us who now fall down and cry to You with fervor: Deliver us from dangers of all kinds, as the great marshals of the heavenly hosts on high.

#### Kontakion to the Theotokos Tone 4

A protection of Christians unshameable \* intercessor to our Holy Maker

unwavering \* reject not \* the prayerful cries of those who are in sin \* instead come to us, for You are good \* Your loving help bring unto us \* who are crying in faith to you \* Hasten to intercede \* and speed now to supplicate\* as a protection for all time \* Theotokos, for those who honor you.

## Divine Services

**Wed. Oct. 11:** Paraklesis 5pm

**Sat. Oct. 14:** Great Vespers 5pm

## Holy Communion in the Orthodox Church

Holy Communion of the Orthodox Church is the Holy Body and Blood of our Lord Jesus Christ. It is *“With the fear of God, faith and love”* that we approach the Divine Mysteries. Therefore, Holy Communion is reserved only for those baptized and chrismated Orthodox Christians who have prepared themselves by prayer and fasting, as prescribed by the teachings of the Holy Orthodox Church. We ask that women, before approaching to receive from the Holy Cup, in respect of our Lord, to please remove lipstick.

## Women’s Nativity Fast Psalter Group

Our first Psalter group for the Lenten Season in the beginning of this year was quite a success and many friendships were formed. We are starting our 2<sup>nd</sup> Women’s Psalter Group for the coming Nativity Fast - please refer to the insert in the bulletin for detailed information. The sign-up sheets are located in the bookstore and the deadline to sign-up is Sunday, October 29. The Psalter Group will start on the first day of the Nativity Fast on Wednesday, November 15. Please see Elaine Cunningham or Olga Sonnenburg for any questions you may have.

## Church Bookstore

Today is the last day to order the 2024 Daily Lives, Miracles, and Wisdom of the Saints & Fasting calendar. The cost of the calendar is \$23.00 and includes shipping charges. Please see Olga Sonnenburg to order your copy. *Read often and insatiably the books of the teachers of the Church. ~St. Isaac the Syrian*

## Stewardship 2023

On Sunday, December 11, 2022, following services, our Chairperson Ruxandra Georgescu offered some words of inspiration for us to be faithful stewards of the Church. Please see Ruxandra for a 2023 packet.

## Bishop Constantine to Visit AMGOC

His Grace Bishop Constantine will visit our community on Sunday, November 26. More details to follow.

## Capital Campaign Challenge Match

As we have striven to place God first, He has blessed us with growth. Standing room only on Sundays is no longer a rare phenomenon, as people from

all walks of life and backgrounds crowd in to worship our Lord and Savior, Jesus Christ. In order to better serve the needs of our parish and enable us to play a larger role our community, we need to seek a larger space. To that end, the General Assembly in June 2023 approved the use of \$54,000 of Festival funds this year to serve as a matching campaign for the Capital Campaign...meaning every dollar we donate between now and the end of the year will be matched by the Festival up to \$54,000. Please prayerfully consider what you may be able to contribute toward this effort. Thank you!

## Coffee Hour Signup

Please consider sponsoring a coffee hour. Donations are welcome!

**Oct. 8:** Melissa Smoot

**Oct. 15:** Pesch and Bishop Families

**Oct. 22:** Sponsor Needed

**Oct. 22:** Topakas Family

## Slavic Feast

The Annual Slavic Fest at St. Mary’s Orthodox Church in Calhan is back this year, October 14<sup>th</sup> and 15<sup>th</sup>. This weekend of fun, old world food, dancing, family, brand new kids activities, bake sale, and fellowship is sure to be a story worth telling. Online Tickets available at <https://holydormition.net/slavic-fest/> Come see us: 19485 Calhan Hwy North, Calhan, CO 80808

## Church School

Church School will resumed on Sunday, Sept. 10. Please see Sara LaBrie for more information. Please allow the Church School students receive Holy Communion first as meets then.

## Holy Illumination

Yesterday the servants of God Leo, Zachary and Ruby Kaloroumakis were received into the Holy Orthodox Church through the Mysteries of Baptism and Chrismation. They are the children of Peter and Rhea and their godparents are Jake and Angie Topakas. They received the names Leo, George and Helen respectively. *May our Lord grant them many years!*

## Greek School

Alex Ellis offering Greek language classes free of charge. Classes resume on September 5, 2023 at 4:30 pm. 719.471.0157

## 2<sup>nd</sup> Annual St George Byzantine Music Workshop

We are pleased to announce that registration for our 2<sup>nd</sup> Annual St George Byzantine Music Workshop is officially open! This 3-day event, which is open to both current and aspiring chanters. We are pleased to announce that registration for our 2<sup>nd</sup> Annual St George Byzantine Music Workshop is officially open! This 3-day event, which is open to both current and aspiring chanters, will take place November 3<sup>rd</sup>-5<sup>th</sup> in Albuquerque, NM, and will feature full days of services, Byzantine Chant instruction by the faculty of the Trisagion School of Byzantine Music, and fellowship with other chanters