

mile long and will finish the event. You can find more information about the March here: <https://marchforlife.org/colorado/>. The website will continue to be updated with more information as the event date approaches. Some local transport to Denver is available. Please text Alec Bishop if you have any questions at 720-301-9436.

Church School

Church School will resumed on Sunday, Sept. 10. Please see Sara LaBrie for more information. Please allow the Church School students receive Holy Communion first as meets then.

2024 GOYA Front Range Lenten Retreat

Registration for this youth retreat opens this coming Tuesday. It will be held from March 29-31. Please see the Metropolis website. <https://www.denver.goarch.org/>

Greek School

Greek School begins on Tuesday, February 13, 2024 at 4:30pm. Please contact Alex Ellis at 719.471.0157.

During Great Lent

Fasting: Orthodox Christians are called to abstain from all meat—(yes, *chicken is meat!*)—dairy products i.e. eggs, milk, etc., fish, wine and olive oil during Great Lent, which begins on March 18, Clean Monday (Καθαρά Δευτέρα). To strengthen ourselves, the Church asks us to increase our prayer life (attending the Lenten Services), flee from sinful behavior, and to give alms. Let us together keep the fast as strictly as possible, increase our daily prayers, approach the Mystery of Holy Confession and forgive one another any offenses that have caused division or anger. If we are unsure about fasting or confession please see Fr. Dennis. May God bless us; grant us strength and faith to complete the course of the fast.

Liturgy of St. Basil the Great: During the Great Lenten period we use the Liturgy of St. Basil the Great every Sunday and on Holy Thursday and Holy Saturday mornings.

Services: We are called to abstain from certain foods during the Great Fast as we are to abstain from sin. This cannot be achieved without an increased prayer life. The Church in Her wisdom has not only called for us to fast, but gives us more services that will aid us in our Lenten journey. The Great Compline will be offered every Monday evening, the Presanctified Liturgy every Wednesday evening and the Salutations to our Theotokos every Friday evening.

Coffee Hour/Dinners During Lent: When bringing treats for the coffee hour during the Great Lenten Fast, please remember we must maintain the fasting practices of the Orthodox Church. While each may not be able to keep the fast as strictly as prescribed, let us nonetheless, keep it when we gather as community and people of God.

Archangel Michael Greek Orthodox Church Bulletin

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March 24, 2024

Sunday Holy Scripture Reading

Apostolic Reading: Hebrews 11:24-26, 32-40

Gospel: St. John 1:43-51

Services: *Sunday*-8 a.m. Orthros and 9 a.m. Divine Liturgy, *Weekdays* 8 a.m. Orthros and 9 a.m. Divine Liturgy when scheduled.

Saints of the Day: Sunday of Orthodoxy. Venerable Zachariah the recluse and Artemon, bishop of Seleucia; New-hieromartyr Parthenios, patriarch of Constantinople.

Hymns of the Day

Apolytikion of the Resurrection Tone 1

The stone having been sealed by the Pharisees and chief priests, * and Your all-immaculate body being guarded by soldiers, * You rose on the third day, O Lord and Savior, granting life unto the world. * Then the powers of the heavens cried out to You, O Giver of Life, and shouted, * “Glory to Your resurrection, O Christ! * Glory to Your eternal rule! * Glory to Your plan for saving us, only benevolent God!”

Apolytikion for Sunday of Orthodoxy Tone 2

We venerate Your immaculate icon, O good Lord, and entreat You to forgive our offenses, O Christ our God. By Your own choice you were pleased to ascend the Cross in the flesh, to deliver us, whom You created, from our slavery to the foe. Therefore we cry to You with gratitude: You have filled all things with joy, O our Savior, by coming to save the world.

Apolytikion of the Archangels Tone 4

Supreme Commanders of the Hosts of the Heavens, we, the unworthy, implore and beseech You that by Your supplications You encircle us in the shelter of the wings of Your immaterial glory, guarding us who now fall down and cry to You with fervor: Deliver us from dangers of all kinds, as the great marshals of the heavenly hosts on high.

Kontakion Hymn to the Theotokos Tone 8

To You, the Champion Commander, I, Your City, inscribe victorious anthems of thanksgiving, For deliverance from sufferings, Theotokos. In as

much as you have power unassailable, from all manner of dangers set me free; that I may cry out to you, Rejoice Bride unwedded.

Τῆ ὑπερμάχῳ Στρατηγῶ τὰ νικητήρια, ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἄλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, ἐκ παντοίων με κινδύνων ἐλευθερωσον, ἵνα κράζω σοι· Χαῖρε, Νύμφη ἀνυμφευτε. (Page 98 in the green book.)

Divine Services

This Evening: Great Vespers for the Annunciation of the Theotokos 5pm

Mon., March 25: Orthros 8am and Liturgy 9am for the Annunciation (*fish, wine and oil permitted*) Great Compline 6pm.

Wed., March 27: 9th Hour 5:30 p.m. and Presanctified Liturgy 6 p.m. *Those who are preparing to receive Holy Communion are to fast strictly from the noonday meal or sooner from all food and drink (12:00 pm for lunch and should eat very light Lenten meal).* Lenten meal following Presanctified Liturgy.

Fri., March 29: Salutations II to the Theotokos at 6pm.

Sat., March 30: Great Vespers 5pm

Holy Communion in the Orthodox Church

Holy Communion of the Orthodox Church is the Holy Body and Blood of our Lord Jesus Christ. It is *"With the fear of God, faith and love"* that we approach the Divine Mysteries. Therefore, Holy Communion is reserved only for those baptized and chrismated Orthodox Christians who have prepared themselves by prayer and fasting, as prescribed by the teachings of the Holy Orthodox Church. We ask that women, before approaching to receive from the Holy Cup, in respect of our Lord, to please remove lipstick.

Orthodox Catechism Class

Following services and coffee hour today, March 31, we will gather in the church for a half hour or so. *All are welcomed to attend!*

Church Bookstore

Many books are available for the Lenten Season including the wonderful book *The Crucifixion of the King of Glory: The Amazing History and Sublime Mystery of the Passion* by Presvytera Jeannie. If you have not purchased this book, you have a great opportunity to do so or reread the existing book you have during Lent. You can also listen to Presvytera's podcasts about this book at orthodoxbiblestudy.info (starts at episode # 153). *You will not see anyone who is truly striving after his spiritual advancement who is not given to spiritual reading. ~Saint Athanasios*

Holy Cross Greek Orthodox School of Theology

On the third Sunday of Lent we will take a collection for the seminarians of our Metropolis.

Procession with Icons

At the end of today's services we will take icons and process around the outside of the church, weather permitting.

Stewardship 2024

Following services on Sunday, December 3, our Chairperson Ruxandra Georgescu offered some words of inspiration for us to be faithful stewards of the Church. Please see Ruxandra for a 2024 packet.

Coffee Hour Signup

Please consider sponsoring a coffee hour. Donations are welcome!

March 24: Sponsor Needed

March 31: Portuesi Family

April 7: Sponsor Needed

April 14: Sponsor Needed

Memory Eternal!

We are sad to hear the servant of God +*Archpriest Anthony Karbo* fell asleep in the Lord last Tuesday evening. Funeral Services were held at Holy Theophany Orthodox Church yesterday. We are having a collection to help defray the cost of the mercy meal and other related expenses. *Everlasting be his memory!*

IOCC Support for 2024 Parish Lenten Effort

Our parish will support IOCC for our Lenten effort this year. During Great Lent, we will collect funds to support their ongoing humanitarian work throughout the Middle East. As almsgiving (mercy giving might be a better modern translation) is one of our core spiritual disciplines, please consider supporting this worthy work during our Lenten journey.

Dates to Remember

April 29: Palm Sunday

May 5: Pascha

June 13: Ascension of the Lord

June 23: Pentecost

No Apostle Fast this year

Lenten Retreat

The weekend of **April 5-6**, we will have presentations by Fr. Dan Suciu from San Antonio, TX to speak to our community. Please contact **Stephanie Winther at 719.238.7590** to register to attend. Lunch will be provided as well. Donations to cover the cost of travel for Fr. Dan are most welcome. See Jake Topakas to help with the luncheon. *All are welcome to attend!*

March For Life

The annual Colorado March for Life will be taking place on April 12th at the state capitol in Denver. Please come to pray for our state and show our legislators that the Church still supports life! There will be a pre-rally concert at 10am with the rally itself starting at 11am. Various presenters will offer prayers and speeches until the march starts around 12pm. The march is about a