

stewardship, Capital Campaign, memorial donations and more. Please use the following link <https://giving.servantkeeper.com/AMGOC>

2025 Souper Bowl

We once again participated in the International Orthodox Christian Charities' "Souper Bowl of Caring" campaign last month. We raised \$175 that was donated to IOCC. Additionally, 14 bags, equating to 72 pounds of food, was donated to the Care and Share Food Bank for Southern Colorado. These donations supported our local community and IOCC's work across the globe to "Score a Victory Against Hunger!" THANK YOU TO EVERYONE!

Stewardship 2025

The 2025 Stewardship Sunday was on Sunday December 22nd and a presentation was offered by Ruxandra Georgescu and Nathan Pesch co-chairs. Stewardship Packets are available today. Please see Ruxandra Georgescu for more information. You may return your filled out card in the offering box.

Donations Needed

- Daffodils \$150
- Flowers
- Kouvouklion flowers-Holy Friday \$1,200

During Great Lent

Fasting: Orthodox Christians are called to abstain from all meat—(yes, *chicken is meat!*)—dairy products i.e. eggs, milk, etc., fish, wine and olive oil during Great Lent, which began on March 3, Clean Monday (Kaqarav Deutavra). To strengthen ourselves, the Church asks us to increase our prayer life (attending the Lenten Services), flee from sinful behavior, and to give alms. Let us together keep the fast as strictly as possible, increase our daily prayers, approach the Mystery of Holy Confession and forgive one another any offenses that have caused division or anger. If we are unsure about fasting or confession please see Fr. Dennis. May God bless us; grant us strength and faith to complete the course of the fast.

Liturgy of St. Basil the Great: During the Great Lenten period we use the Liturgy of St. Basil the Great every Sunday and on Holy Thursday and Holy Saturday mornings.

Services: We are called to abstain from certain foods during the Great Fast as we are to abstain from sin. This cannot be achieved without an increased prayer life. The Church in Her wisdom has not only called for us to fast, but gives us more services that will aid us in our Lenten journey. The Great Compline will be offered every Monday evening, the Presanctified Liturgy every Wednesday evening and the Salutations to our Theotokos every Friday evening.

Coffee Hour/Dinners During Lent: When bringing treats for the coffee hour during the Great Lenten Fast, please remember we must maintain the fasting practices of the Orthodox Church. While each may not be able to keep the fast as strictly as prescribed, let us nonetheless, keep it when we gather as community and people of God.

Archangel Michael Greek Orthodox Church Bulletin

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Parish website: www.amgoc.org

Facebook: <https://www.facebook.com/amgoc.co>

March 23, 2025

Sunday Holy Scripture Reading

Apostolic Reading: Hebrews 4:14-16; 5:1-6

Gospel: St. Mark 8:34-38; 9:1

Services: *Sunday*-8 a.m. Orthros and 9 a.m. Divine Liturgy, *Weekdays* 8 a.m. Orthros and 9 a.m. Divine Liturgy when scheduled.

Saints of the Day: Sunday of the Veneration of the Holy Cross. Venerable-martyr Nikon of Sicily and with him 199 disciples; Venerable-martyr Luke of St. Anna Skete on Athos.

Hymns of the Day

Antiphons with verses for the Holy Cross

After the Entrance

Apolytikion of the Resurrection Tone 6

When the angelic powers appeared at Your tomb, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary, who was seeking Your immaculate body. Unassailed by Hades, You divested it of spoils. Then You met the Virgin. You granted life. O Lord, risen from the dead, glory to You!

Apolytikion of the Holy Cross Tone 1

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth.

Apolytikion of the Archangels Tone 4

Supreme Commanders of the Hosts of the Heavens, we, the unworthy, implore and beseech You that by Your supplications You encircle us in the shelter of the wings of Your immaterial glory, guarding us who now fall down and cry to You with fervor: Deliver us from dangers of all kinds, as the great marshals of the heavenly hosts on high.

Kontakion to for Forgiveness Sunday Tone 8

O Champion General, I your City now inscribe to you Triumphant anthems as the tokens of my gratitude, Being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable,

From all kinds of perils free me, so that unto you
I may cry aloud: Rejoice, O unwedded Bride.

Instead of the Trisagion Hymn “Holy God”

We venerate Your Cross, O Master, and we glorify Your Holy Resurrection.

Communion Hymn

O Lord, the light of Your face was stamped upon us. Alleluia.

Instead of “We have seen the light” Save, O Lord, your people . . .

Divine Services

Sunday Evenings: Lenten Vespers Schedule (*Lenten meal following services*)

This evening: March 23: - Archangel Michael

Sunday, March 30: - St. Michael, Pueblo

Sunday, April 6: - Holy Dormition, Calhan

Mon., March 24: Great Vespers for the Anunciation 6pm

Tues., March 25: Orthros 8am and Liturgy 9am for the Anunciation. Fish, wine and oil are permitted on this day

Wed., March 26: 9th Hour 5:30 p.m. and Presanctified Liturgy 6 p.m. *Those who are preparing to receive Holy Communion are to fast strictly from the noonday meal or sooner from all food and drink (12:00 pm for lunch and should eat very light Lenten meal).* Lenten meal following Presanctified Liturgy.

Fri., March 28: No Service

Sat., March 29: No Service

Front Range GOYA Lenten Retreat

The Assumption Greek Orthodox Cathedral in Denver is sponsoring this youth retreat for middle and high school ages, April 4-6, 2025, at the Ponderosa Retreat Center. Teens from our sister parishes will be participating! For more information: please contact Tianna at tainna20@gmail.com. The cost is \$140 and you may register here: <https://www.denver.goarch.org/-/2025-GOYA-LENTEN-RETREAT>

Holy Communion in the Orthodox Church

Holy Communion of the Orthodox Church is the Holy Body and Blood of our Lord Jesus Christ. It is “*With the fear of God, faith and love*” that we approach the Divine Mysteries. Therefore, Holy Communion is reserved only for those baptized and chrismated Orthodox Christians who have prepared themselves by prayer and fasting, as prescribed by the teachings of the Holy Orthodox Church. We ask that women, before approaching to receive from the Holy Cup, in respect of our Lord, to please remove lipstick.

Greek School

Alex Ellis offering Greek language classes free of charge. Classes began on September 7, 2024. For more information call him at 719.471.015.7

Bookstore and Library

Great Lent is here; come visit the bookstore. We have beautiful Orthodox items, gifts and greeting cards. See you there! *All that are careful in this life, procure books that will be medicine for the soul. -St. John Chrysostom*

Holy Cross Greek Orthodox School of Theology

We will take a collection today, the third Sunday of Lent for the seminarians of our Metropolis.

Coffee Hour Volunteer Clean Up Schedule

For those who would like to volunteer in helping in the church hall, we now have a sign up sheet for assisting in cleaning up after coffee hour. The sheet is posted downstairs in the kitchen next to coffee hour sign up sheet. *Also, parents please make sure you cleanup after your children during coffee hour.*

Coffee Hour Signup

Please consider sponsoring a coffee hour. Donations are welcome! Also, Rose Timora is the coordinator for coffee hour.

March 23: McDonald Family

March 30: Brawner Family

April 6: Philoptochos

April 13: Palm Sunday Luncheon

Capital Campaign

King Soopers Cards has a Loyalty Card Program that offers 5% of your purchase sent to a designated charity which Archangel Michael is an eligible recipient. You may sign up online or go to the customer service desk.

AMGOC Philoptochos

The next Philoptochos meeting will be held on Saturday, April 26, at 10 am. Philoptochos will hold a Pascha Bake Sale on April 12th from 11 am-3 pm. Volunteers are needed to bake, assemble, set up, and sell items. A sign up will be sent out soon.

Dates to Remember

April 13: Palm Sunday

April 20: Pascha

May 29: Ascension of the Lord

June 8: Pentecost

June 16-28: *Apostle Fast*

Orthodox Catechism Class

Following coffee hour on March 30, we will gather in the church for class. *All are welcomed to attend!*

Church School

Classes meet following Holy Communion. Please allow the Church School students receive Holy Communion first. Classes resume today.

Online Giving

Our parish is now offering online giving as a means to make offering for