

tation was offered by Ruxandra Georgescu and Nathan Pesch co-chairs. Stewardship Packets are available today. Please see Ruxandra Georgescu for more information. You may return your filled out card in the offering box.

Donations Needed

•Kouvouklion flowers Holy Friday \$1,200

Saint of the Day

Commemoration of a Monk Who Died Joyfully and Never Judged Anyone in His Life: This monk was lazy, careless, and lacking in his prayer life; but throughout all of his life he did not judge anyone. While dying, he was happy. When the brethren asked him how it was that with so many sins he could die joyfully, he replied: "I now see angels who are showing me a page containing my numerous sins. I said to them, 'Our Lord said: *Judge not, and ye shall not be judged* (Luke 6:37). I have never judged anyone, and I hope in the mercy of God that He will not judge me.'" And the angels tore up the paper. Upon hearing this, the monks were astonished and learned from it.

During Great Lent

Fasting: Orthodox Christians are called to abstain from all meat—(yes, *chicken is meat!*)—dairy products i.e. eggs, milk, etc., fish, wine and olive oil during Great Lent, which began on March 3, Clean Monday (Kaqarav Deutavra). To strengthen ourselves, the Church asks us to increase our prayer life (attending the Lenten Services), flee from sinful behavior, and to give alms. Let us together keep the fast as strictly as possible, increase our daily prayers, approach the Mystery of Holy Confession and forgive one another any offenses that have caused division or anger. If we are unsure about fasting or confession please see Fr. Dennis. May God bless us; grant us strength and faith to complete the course of the fast.

Liturgy of St. Basil the Great: During the Great Lenten period we use the Liturgy of St. Basil the Great every Sunday and on Holy Thursday and Holy Saturday mornings.

Services: We are called to abstain from certain foods during the Great Fast as we are to abstain from sin. This cannot be achieved without an increased prayer life. The Church in Her wisdom has not only called for us to fast, but gives us more services that will aid us in our Lenten journey. The Great Compline will be offered every Monday evening, the Presanctified Liturgy every Wednesday evening and the Salutations to our Theotokos every Friday evening.

Coffee Hour/Dinners During Lent: When bringing treats for the coffee hour during the Great Lenten Fast, please remember we must maintain the fasting practices of the Orthodox Church. While each may not be able to keep the fast as strictly as prescribed, let us nonetheless, keep it when we gather as community and people of God.

Archangel Michael Greek Orthodox Church Bulletin

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Parish website: www.amgoc.org

Facebook: <https://www.facebook.com/amgoc.co>

March 30, 2025

Sunday Holy Scripture Reading

Apostolic Reading: Hebrews 6:13-20

Gospel: St. Mark 9:17-31

Services: *Sunday*-8 a.m. Orthros and 9 a.m. Divine Liturgy, *Weekdays* 8 a.m. Orthros and 9 a.m. Divine Liturgy when scheduled.

Saints of the Day: Sunday of St. John of the Ladder. Venerable John of Sinai, author of "The Ladder," New-hieromartyr Zachariah, bishop of Corinth; Sophronios, bishop of Irkutsk.

Hymns of the Day

After the Entrance

Apolytikion of the Resurrection Tone 7

You destroyed death by Your Cross, You opened Paradise to the Robber. You turned the Myrrh-bearing Women's lament into joy, and You commanded Your Apostles to preach that You rose, O Christ God, granting the world the great mercy.

Apolytikion for St. John of the Ladder Tone 8

With the rivers of your tears you made the barren desert bloom; and with your sighs from deep within, you made your labors bear their fruits a hundredfold; and you became a star, illuminating the world by your miracles, O John, our devout father. Intercede with Christ our God, for the salvation of our souls.

Apolytikion of the Archangels Tone 4

Supreme Commanders of the Hosts of the Heavens, we, the unworthy, implore and beseech You that by Your supplications You encircle us in the shelter of the wings of Your immaterial glory, guarding us who now fall down and cry to You with fervor: Deliver us from dangers of all kinds, as the great marshals of the heavenly hosts on high.

Kontakion to for Forgiveness Sunday Tone 8

O Champion General, I your City now inscribe to you, triumphant anthems as the tokens of my gratitude, being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, from all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride.

Divine Services

Sunday Evenings: Lenten Vespers Schedule (*Lenten meal following services*)

This evening: - St. Michael, Pueblo

Sunday, April 6: - Holy Dormition, Calhan

Mon., March 31: No Service

Wed., April 2: No Service

Fri., April 4: Salutations IV to the Theotokos 6pm

Sat., April 5: Great Vespers 5pm

Welcome Fr. Lorenzo!

We are grateful to Fr. Lorenzo Lucero serving today in Fr. Dennis' absence.

Front Range GOYA Lenten Retreat

The Assumption Greek Orthodox Cathedral in Denver is sponsoring this youth retreat for middle and high school ages, April 4-6, 2025, at the Ponderosa Retreat Center. Teens from our sister parishes will be participating! For more information: please contact Tianna at tainna20@gmail.com. The cost is \$140 and you may register here: <https://www.denver.goarch.org/-/2025-GOYA-LENTEN-RETREAT>

Holy Communion in the Orthodox Church

Holy Communion of the Orthodox Church is the Holy Body and Blood of our Lord Jesus Christ. It is *"With the fear of God, faith and love"* that we approach the Divine Mysteries. Therefore, Holy Communion is reserved only for those baptized and chrismated Orthodox Christians who have prepared themselves by prayer and fasting, as prescribed by the teachings of the Holy Orthodox Church. We ask that women, before approaching to receive from the Holy Cup, in respect of our Lord, to please remove lipstick.

Greek School

Alex Ellis offering Greek language classes free of charge. Classes began on September 7, 2024. For more information call him at 719.471.015.7

Bookstore and Library

Great Lent is here; come visit the bookstore. We have beautiful Orthodox items, gifts and greeting cards. See you there! *All that are careful in this life, procure books that will be medicine for the soul. -St. John Chrysostom*

Memorial Service

This morning we remember in our prayers the departed servants of God +Fr. Theodore and Matushka Maria (29 and 15 years) Martynenko. They are the parents of Olga Sonnenburg. Everlasting be their memory!

Coffee Hour Volunteer Clean Up Schedule

For those who would like to volunteer in helping in the church hall, we now

have a sign up sheet for assisting in cleaning up after coffee hour. The sheet is posted downstairs in the kitchen next to coffee hour sign up sheet. *Also, parents please make sure you cleanup after your children during coffee hour.*

Holy Cross Greek Orthodox School of Theology

Thank you to all who donated \$800 toward the seminarians of the Metropolis of Denver.

Coffee Hour Signup

Please consider sponsoring a coffee hour. Donations are welcome! Also, Rose Timora is the coordinator for coffee hour.

March 30: Brawner Family

April 6: Philoptochos

April 13: Palm Sunday Luncheon

April 20: Pascha Picnic

Capital Campaign

King Soopers Cards has a Loyalty Card Program that offers 5% of your purchase sent to a designated charity which Archangel Michael is an eligible recipient. You may sign up online or go to the customer service desk.

AMGOC Philoptochos

The Philoptochos is having a Pascha Bake Sale on Saturday, 4/12, 11am-3pm. We need support in preparation for the sale with baking and setup. Financial donations to help cover costs are appreciated, as well. Please see one of the board members or email AMGOCPhiloptochos@gmail.com for more information. The next Philoptochos meeting will be on Saturday, 4/26, at 10am. All are welcome!

Dates to Remember

April 13: Palm Sunday

April 20: Pascha

May 29: Ascension of the Lord

June 8: Pentecost

June 16-28: *Apostle Fast*

Orthodox Catechism Class

Following coffee hour on today, we will gather in the church for class. *All are welcomed to attend!*

Church School

Classes meet following Holy Communion. Please allow the Church School students receive Holy Communion first. Classes resume today.

Online Giving

Our parish is now offering online giving as a means to make offering for stewardship, Capital Campaign, memorial donations and more. Please use the following link <https://giving.servantkeeper.com/AMGOC>

Stewardship 2025

The 2025 Stewardship Sunday was on Sunday December 22nd and a presen-