

Orthodox Catechism Class

Class will meet after coffee hour today.

Coffee Hour/Parish Cleanup

Please remember to help with the hall cleanup following coffee hour. Take out the trash, sweep the floor, wash dishes, pans etc. *Thank you for doing your part!*

Greek School

Greek school meets on Saturdays at 3:30pm. Please contact Alex Ellis at 719.471.0157 for details.

Palm Sunday Luncheon

Please join us for this annual luncheon. We will be serving baked trout, Lenten sides and desserts are needed. The sign up sheet is downstairs. Free will donation are asked and all proceeds will benefit our Building Fund.

Donations Needed

Daffodils \$225, Palms \$150, Flowers, Kouvouklion flowers-Holy Friday \$1,200

The Prayer of Saint Ephraim

Lord and Master of my life, deliver me from the spirit of laziness and meddling, the lust for power and gossip.

Rather, grant the spirit of wisdom, humility, patience, and love to me Your servant.

Yes, Lord and King, grant that I may see my own faults and not judge my brother; for You are blessed to the ages of ages. Amen.

(This is one of the most loved and central prayers used during the Great Lenten Fast. Let each of us memorize this beautiful prayer and make it part of our daily struggles to draw near to the Living God.)

During Great Lent

Fasting: Orthodox Christians are called to abstain from all meat—(yes, *chicken is meat!*)—dairy products i.e. eggs, milk, etc., fish, wine and olive oil during Great Lent, which begins on March 18, Clean Monday. To strengthen ourselves, the Church asks us to increase our prayer life (attending the Lenten Services), flee from sinful behavior, and to give alms. Let us together keep the fast as strictly as possible, increase our daily prayers, approach the Mystery of Holy Confession and forgive one another any offenses that have caused division or anger. If we are unsure about fasting or confession please see Fr. Dennis. May God bless us; grant us strength and faith to complete the course of the fast.

Services: We are called to abstain from certain foods during the Great Fast as we are to abstain from sin. This cannot be achieved without an increased prayer life. The Church in Her wisdom has not only called for us to fast, but gives us more services that will aid us in our Lenten journey. The Great Compline will be offered every Monday evening, the Presanctified Liturgy every Wednesday evening and the Salutations to our Theotokos every Friday evening.

Coffee Hour/Dinners During Lent: When bringing treats for the coffee hour during the Great Lenten Fast, please remember we must maintain the fasting practices of the Orthodox Church. While each may not be able to keep the fast as strictly as prescribed, let us nonetheless, keep it when we gather as community and people of God.

Archangel Michael Greek Orthodox Church Bulletin

2215 Paseo Road—Colorado Springs, CO 80907—719.634.5678 *church*
Fr. Dennis Schutte—*Proistamenos*—719.322.4436 *cell* e-mail: info@amgoc.org

Parish website: www.amgoc.org

Facebook: <https://www.facebook.com/amgoc.co>

March 22, 2026

Sunday Holy Scripture Reading

Apostolic Reading: Hebrews 6:13 – 20

Gospel: St. Mark 9:17 – 31

Services: *Sunday*-8 a.m. Orthros and 9 a.m. Divine Liturgy, *Weekdays* 8 a.m. Orthros and 9 a.m. Divine Liturgy when scheduled.

Saints of the Day: Sunday of St. John of the Ladder: Hieromartyr Basil of Ancyra; Martyr Kallinika of Rome; Venerable-martyr Euthymios of Prodromou Skete on Athos.

Hymns of the Day

Apolytikion for the Resurrection Tone 8

You descended from on high, O compassionate One, and consented to a three-day burial, to free us from the passions. O Lord, our life and resurrection, glory to You!

Apolytikion St. John of the Ladder Tone 8

With the rivers of your tears you made the barren desert bloom; and with your sighs from deep within, you made your labors bear their fruits a hundredfold; and you became a star, illuminating the world by your miracles, O John, our devout father. Intercede with Christ our God, for the salvation of our souls.

Apolytikion of the Archangels Tone 4

Supreme Commanders of the Hosts of the Heavens, we, the unworthy, implore and beseech You that by Your supplications You encircle us in the shelter of the wings of Your immaterial glory, guarding us who now fall down and cry to You with fervor: Deliver us from dangers of all kinds, as the great marshals of the heavenly hosts on high.

Kontakion Tone 8

O Champion General, I your City now inscribe to you, Triumphant anthems as the tokens of my gratitude, Being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, From all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride.

Divine Services

Tonight: Mission Vespers at 6.00pm – St. Michael, Pueblo
March 29, 6.00 pm - St. John the Baptist, Colorado Springs

Mon., March 23: Great Compline 6pm.

Tues. March 24: Great Vespers for the the Annunciation to the Theotokos
6pm

Wed., March 25: Orthros 8am and Liturgy 9am for the Annunciation

Fri., March 27: Salutations IV to the Theotokos at 6pm.

Sat., March 28: Great Vespers 5pm

Holy Communion in the Orthodox Church

Holy Communion of the Orthodox Church is the Holy Body and Blood of our Lord Jesus Christ. It is *“With the fear of God, faith and love”* that we approach the Divine Mysteries. Therefore, Holy Communion is reserved only for those baptized and chrismated Orthodox Christians who have prepared themselves by prayer and fasting, as prescribed by the teachings of the Holy Orthodox Church. We ask that women, before approaching to receive from the Holy Cup, in respect of our Lord, to please remove lipstick.

Stewardship 2026

The 2026 Stewardship presentation by Ruxandra Georgescu and Nathan Pesch co-chairs, was held on Sunday, December 7, 2025. Stewardship Packets are available now. Please see Nathan Pesch for a packet more information. You may return your filled out card in the offering box.



Bookstore

Today we celebrate St. John of the Ladder. Although we recently had copies of his book available, we are currently out of stock. We expect to receive more after Pascha. In the meantime, we have many wonderful books to enrich and support your Lenten journey. We also have a few new items that came in so make sure you visit the bookstore after Liturgy and browse our offerings!

Philoptochos

The next Philoptochos monthly meeting will be on Saturday, May 16th, at 10:30am. All are welcome to attend!

Philoptochos Aprons: We are so excited to announce that we are having beautiful aprons embroidered for all to purchase! These royal blue aprons will be embroidered with the Philoptochos logo as well as “Colorado Springs” to personalize it to our chapter. Aprons are available to order **now!** \$35 for current Philoptochos members, \$40 for non-members. Please see a board member to secure yours before they go on sale to the public at the bake sale.

2nd Annual Pascha Bake Sale: The Philoptochos 2nd Annual Pascha Bake Sale will be held on Saturday, March 28th, from 11am – 3pm. We’re excited to double our efforts and reach this year. Our success last year directly contributed to our 2025 impact. We will need assistance, once again, with baked goods donations, prep/setup, volunteers to work the sale, clean up - and *especially help setting up the tents from able bodied volunteers*. If you can help us with our success by contributing your time and efforts, please see a board member or email AMGOCPhiloptochos@gmail.com!

Tsoureki Easter Bread Pre-Sale: In anticipation of the Bake Sale, the Philoptochos is **taking pre-orders for Tsoureki now through March 22nd**. Order early to secure your loaves for Pascha! Pre-orders using cash/check price are *discounted* to \$16 per loaf; credit card purchases and all orders after 3/22 are \$18 per loaf. Please grab an order form in the church hall for cash/check or use the QR code.



Koliva for Memorials: The Philoptochos is now offering to prepare Koliva for anyone planning a memorial and needs assistance. If possible, please give us a week’s notice to prepare. We request a \$45.00 donation be made to AMGOC Philoptochos for use in our philanthropic missions. Please contact Penny Johnson at pavrajohns1985@gmail.com or call/text 719-640-6970.

Coffee Hour Signup

Please consider sponsoring a coffee hour. Donations are welcome! All are invited to participate in the Parish Community Coffee Hours, no signup needed. Please see Rose Timora to coordinate food items with her.

March 22: Brawner Family **March 29:** Kendra C./Rose T. Edward L.

April 5: Annual Palm Sunday luncheon **April 12:** Annual Pascha Picnic

\$100,000 Matching Challenge

We have been challenged by three of our faithful families to help raise \$200,000 for our Capital Campaign. Every dollar offered will be matched! *Please make checks out to AMGOC with the word CHALLENGE in the memo.*

At our General Assembly on Sunday December 14, 2025 the community voted to move forward with making an offer on the proposed property. The seller of the 4925 List Dr. has selected our church and issued a counteroffer. We responded with a full-price offer that includes concessions for property improvements, most notably the removal of the large refrigeration equipment. Three families have pledged a \$100,000 matching-grant challenge. The capital campaign fundraising goal for the renovation project is \$500,000.

Holy Cross School Collection

Today and next Sunday we will take a collection for the Metropolis of Denver Seminarians.