

Coffee Hour/Parish Cleanup

Please remember to help with the hall cleanup following coffee hour. Take out the trash, sweep the floor, wash dishes, pans etc. *Thank you for doing your part!*

Orthodox Catechism Class

Class will meet after coffee hour today.

Greek School

Greek school meets on Saturdays at 3:30pm. Please contact Alex Ellis at 719.471.0157 for details.

Palm Sunday Luncheon

Please join us for this annual luncheon. We will be serving baked trout, Lenten sides and desserts are needed. The sign up sheet is downstairs. Free will donation are asked and all proceeds will benefit our Building Fund.

Donations Needed

Daffodils \$225, Palms \$150, Flowers, Kouvouklion flowers-Holy Friday \$1,200

Online Giving

Our parish offers online giving as a means to make offering for stewardship, Capital Campaign, memorial donations and more. Please use the following link <https://giving.servantkeeper.com/AMGOC>

**When thoughts are choking me
like so many thorns, I enter the
church, the hospital of souls.
The beauty of the icons delight my
vision like a verdant meadow,
and without my noticing
it stirs my soul to praise God.**

Saint John of Damascus

LEGACYICONS.COM

True Light

During Great Lent

Fasting: Orthodox Christians are called to abstain from all meat—(yes, chicken is meat!)—dairy products i.e. eggs, milk, etc., fish, wine and olive oil during Great Lent, which begins on March 18, Clean Monday. To strengthen ourselves, the Church asks us to increase our prayer life (attending the Lenten Services), flee from sinful behavior, and to give alms. Let us together keep the fast as strictly as possible, increase our daily prayers, approach the Mystery of Holy Confession and forgive one another any offenses that have caused division or anger. If we are unsure about fasting or confession please see Fr. Dennis. May God bless us; grant us strength and faith to complete the course of the fast.

Services: We are called to abstain from certain foods during the Great Fast as we are to abstain from sin. This cannot be achieved without an increased prayer life. The Church in Her wisdom has not only called for us to fast, but gives us more services that will aid us in our Lenten journey. The Great Compline will be offered every Monday evening, the Presanctified Liturgy every Wednesday evening and the Salutations to our Theotokos every Friday evening.

Coffee Hour/Dinners During Lent:

When bringing treats for the coffee hour during the Great Lenten Fast, please remember we must maintain the fasting practices of the Orthodox Church. While each may not be able to keep the fast as strictly as prescribed, let us nonetheless, keep it when we gather as community and people of God.

Archangel Michael Greek Orthodox Church Bulletin

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Parish website: www.amgoc.org

Facebook: <https://www.facebook.com/amgoc.co>

March 29, 2026

Sunday Holy Scripture Reading

Apostolic Reading: Hebrews 9:11 – 14

Gospel: St. Mark 10:32 – 45

Services: *Sunday*-8 a.m. Orthros and 9 a.m. Divine Liturgy, *Weekdays* 8 a.m. Orthros and 9 a.m. Divine Liturgy when scheduled.

Saints of the Day: Sunday of St. Mary of Egypt: Mark, bishop of Arethusa; Martyr Cyril the deacon of Heliopolis; Martyrs Jonah and Barachisios; Eustathios the Confessor, bishop of Bithynia.

Hymns of the Day

Apolytikion for the Resurrection Tone 1

The stone having been sealed by the Pharisees and chief priests, * and Your all-immaculate body being guarded by soldiers, * You rose on the third day, O Lord and Savior, granting life unto the world. * Then the powers of the heavens cried out to You, O Giver of Life, and shouted, * “Glory to Your resurrection, O Christ! * Glory to Your eternal rule! * Glory to Your plan for saving us, only benevolent God!”

Apolytikion St. Mary of Egypt Tone 8

In you, O Mother, is preserved undistorted what was made in the image of God; for taking up the cross, you followed Christ and by example taught, that we should overlook the flesh, since it passes away, and instead look after the soul, since it is immortal. And therefore, O devout Mary, your spirit rejoices with the angels.

Apolytikion of the Archangels Tone 4

Supreme Commanders of the Hosts of the Heavens, we, the unworthy, implore and beseech You that by Your supplications You encircle us in the shelter of the wings of Your immaterial glory, guarding us who now fall down and cry to You with fervor: Deliver us from dangers of all kinds, as the great marshals of the heavenly hosts on high.

Kontakion to the Theotokos Tone 4

A protection of Christians unshameable * intercessor to our Holy Maker unwavering * reject not * the prayerful cries of those who are in sin * in-

stead come to us, for You are good * Your loving help bring unto us * who are crying in faith to you * Hasten to intercede * and speed now to supplicate* as a protection for all time * Theotokos, for those who honor you.

Divine Services

Tonight: Mission Vespers 6.00 pm - St. John the Baptist, Colorado Springs

Mon., March 30: Great Compline 6pm.

Wed., April 1: 9th Hour 5:30 p.m. and Presanctified Liturgy 6 p.m. *Those who are preparing to receive Holy Communion are to fast strictly from the noonday meal or sooner from all food and drink (12:00 pm for lunch and should eat very light Lenten meal).* Lenten meal following Presanctified Liturgy.

Fri., April 3: Small Compline with canon to St. Lazarus at 6 pm.

Sat., April 4: Orthros 8am and Liturgy 9am for St. Lazarus. *We will make palm crosses and decorate Paschal Candles following Liturgy. All are welcome to participate.* Great Vespers 5pm

Holy Communion in the Orthodox Church

Holy Communion of the Orthodox Church is the Holy Body and Blood of our Lord Jesus Christ. It is *"With the fear of God, faith and love"* that we approach the Divine Mysteries. Therefore, Holy Communion is reserved only for those baptized and chrismated Orthodox Christians who have prepared themselves by prayer and fasting, as prescribed by the teachings of the Holy Orthodox Church. We ask that women, before approaching to receive from the Holy Cup, in respect of our Lord, to please remove lipstick.

Memorial Service

This morning we remember in our prayers the departed servants of God +Fr. Theodore and Matushka Maria Martynenko (30 and 17). They are the parents of Olga Sonnenburg. *Everlasting be their memory!*

Bookstore

Our Church Bookstore has received many beautiful new items this week, including various diptychs, home-altar accessories, gift items, and a wide selection of books to enrich and support your Lenten journey. One special new arrival is a diptych of Christ and the Theotokos presented in a red velvet case. These are reasonably priced and make a wonderful gift.

Philoptochos

The next Philoptochos monthly meeting will be on Saturday, May 16th, at 10:30am. All are welcome to attend!

Philoptochos Aprons: We are so excited to announce that we are having beautiful aprons embroidered for all to purchase! These royal blue aprons will be embroidered with the Philoptochos logo as well as "Colorado Springs" to personalize it to our chapter. Aprons are available to order **now!** \$35 for cur-

rent Philoptochos members, \$40 for non-members. Please see a board member to secure yours before they go on sale to the public at the bake sale.

2nd Annual Pascha Bake Sale: Many thanks to all who helped with baking and setup for this wonderful event. The Bake will be held again today from 11-noon.

Tsoureki Easter Bread Pre-Sale: In anticipation of the Bake Sale, the Philoptochos is **taking pre-orders for Tsoureki now through March 22nd.** Order early to secure your loaves for Paschal! Pre-orders using cash/check price are *discounted* to \$16 per loaf; credit card purchases and all orders after 3/22 are \$18 per loaf. Please grab an order form in the church hall for cash/check or use the QR code.



Koliva for Memorials: The Philoptochos is now offering to prepare Koliva for anyone planning a memorial and needs assistance. If possible, please give us a week's notice to prepare. We request a \$45.00 donation be made to AMGOC Philoptochos for use in our philanthropic missions. Please contact Penny Johnson at pavrajohns1985@gmail.com or call/text 719-640-6970.

Stewardship 2026

The 2026 Stewardship presentation by Ruxandra Georgescu and Nathan Pesch co-chairs, was held on Sunday, December 7, 2025. Stewardship Packets are available now. Please see Nathan Pesch for a packet more information. You may return your filled out card in the offering box.

Coffee Hour Signup

Please consider sponsoring a coffee hour. Donations are welcome! All are invited to participate in the Parish Community Coffee Hours, no signup needed. Please see Rose Timora to coordinate food items with her.



March 29: Kendra C./Rose T. Edward L. **April 5:** Palm Sunday luncheon

April 12: Annual Pascha Picnic

April 19: Sponsor Needed

\$100,000 Matching Challenge

We have been challenged by three of our faithful families to help raise \$200,000 for our Capital Campaign. Every dollar offered will be matched! *Please make checks out to AMGOC with the word CHALLENGE in the memo.*

At our General Assembly on Sunday December 14, 2025 the community voted to move forward with making an offer on the proposed property. The seller of the 4925 List Dr. has selected our church and issued a counteroffer. We responded with a full-price offer that includes concessions for property improvements, most notably the removal of the large refrigeration equipment. Three families have pledged a \$100,000 matching-grant challenge. The capital campaign fundraising goal for the renovation project is \$500,000.